

Supported Living Factsheet

What is supported living?

Supported living is for anyone over 18 years of age. It provides an environment in which people live as independently as possible. Some supported living homes are for a person or shared by others.

Supported living means that you live in the way you want:

You take control of your life. You lead on how your housing and support is built around you rather than you fitting in to a service.

- You choose who you live with (if anyone).
- You choose where you live.
- You choose who supports you and how you are supported.

Supported living is not just for people who are more independent. Anyone can be helped to live in their own home with the right support.

There are a number of suitable or adapted accommodation options. You can also have a tenancy and receive support to remain in your own home.

Staff can help with administrative tasks, personal care and prompting with medication.

What services are available?

The level of help depends on your eligible needs identified in the Initial Contact Assessment that will identify you need help with:

- Choosing where you want to live and ensuring a safe environment.
- Managing your tenancy or the responsibilities of being a homeowner.
- Managing your money, bills and benefits.
- Personal care and help with tasks such as everyday household responsibilities.
- Accessing paid employment, education opportunities or finding voluntary employment.
- Taking part in social and leisure activities and being an active member of your community.
- Making and maintaining friendships and relationships.
- Using technology and/or equipment to make independent living easier.

All supported living services on the Isle of Wight are expected to meet the following standards for supported living:

- You are in control.
- You choose who you live with.
- You choose where you live.
- You have your own home.
- You choose how you are supported.
- You choose who supports you.
- You get good support.

- You choose your friends and relationships.
- You choose how to be healthy and safe.
- You choose how you are part of the community.
- You have the same rights and responsibilities as other citizens.
- You get help to make changes in your life.

You may hear about supported living services during your Initial Contact Assessment. Your social care worker will let you know about local supported living services if they are appropriate in meeting your needs.

Who can provide Supported Living?

Supported living services can be provided by anyone you choose and/or the council, charities or commercial companies.

How can the Isle of Wight Council help you?

In partnership with you, we will assess your circumstances and give you the information so that you can access services or organisations that can help you.

We will carry out an assessment of your needs involving those people you want to be involved. We call this a Initial Contact Assessment. The assessment will make recommendations about your needs and what best meets those needs. We will work out a budget to ensure you get what care you need. We call this a Personal Budget.

For some services we will carry out a financial assessment that will help us work out how much you will pay towards your care.

If you have any questions and **have never** contacted Adult Social Services before please ring 01983 814980.

If you **already know** a social care worker please contact 01983 823340.

What is Wightcare and how can they help you?

Wightcare is a council department that is a dedicated island response centre that offers high quality 24 hour emergency support to island residents.

Wightcare can help with assisted technology and Telecare (equipment that can detect falls, inactivity, smoke or gas) to enable you to live independently in your supported living accommodation.

Wightcare are the only island based service that install and maintain equipment, monitors calls 24/7 and provides a mobile responder service. Wightcare can tailor services to meet your individual needs and requirements and they work closely with emergency services, care providers and social work colleagues to provide support.

More details on Wightcare can be found by clicking [here](#) or <https://www.iow.gov.uk/Residents/Care-Support-and-Housing/Adults-Services/Wightcare/About-U8>

You can contact Wightcare on 01983 821105.