

**SHORT**

**BREAKS**

**PROGRAMME**



**WINTER  
2024**



**FREE  
TO JOIN\***

**FUN ACTIVITIES**

**FOR CHILDREN AND YOUNG PEOPLE  
WITH DISABILITIES AND/OR ADDITIONAL NEEDS**

*\*There is a small charge for most activities.*



**Isle of Wight  
Council**

# WELCOME TO YOUR

# SHORT BREAKS PROGRAMME

WINTER  
PROGRAMME

## What's new for winter 2024?

It's that time of year to put on your warm coat and wellies, and enjoy the cooler days and dark starry nights.

Once again we have plenty of specially selected Short Breaks activities - including regular favourites - for you to enjoy, for all ages (up to 19).

The activities in this programme are listed in alphabetical order, plus there is a handy schedule on page six so you can see what is available on each day of the week. Please check activity details for eligibility, accessibility and prices. It is advisable to book for each activity.

Please let us know what you think, or tell the young inspectors. Remember, it's **YOUR** programme!

The Short Breaks team



FREE  
TO JOIN\*

2

\*There is a small charge for most activities.

## What is the Short Breaks programme?

With the support of local businesses, the Isle of Wight Council's Short Breaks team has curated lots of fun activities specifically for young people on the Isle of Wight, with disabilities and/or additional needs. If you want to participate - and are eligible (see below) - you will need to complete a simple form to take part.

## Can I do Short Breaks activities?

If you answer 'yes' to the following you are eligible to join in Short Breaks activities.

- I am eighteen years old or younger.
- I have a disability and/or additional need that means I need support to join in leisure and recreational activities.
- I live on the lovely Isle of Wight and/or go to school here.

## Are there any other benefits?

Yes, if you are eligible for Short Breaks, you and your family can also use the caravan at Shanklin, which is equipped for people with disabilities. Find out more on page twenty.



## Sounds fab! How do I join?

It's simple and free to join\*. Visit [iow.gov.uk/shortbreaks](http://iow.gov.uk/shortbreaks) to complete an application form. You will also need to provide a passport size photograph.

3

# PLAN YOUR WEEK



DAY	ACTIVITIES	PAGE
MONDAY	Dungeons and Dragons	9
	Sallywags	11
TUESDAY	Acting and Drama Club	6
	Sallywags	11
	Swimming	15
	Tiger Teens	16
WEDNESDAY	Sallywags	11
	Youth Hub	19
THURSDAY	Horse Riding	10
	Sallywags	11
	Swimming	15
	Youth Club	18
FRIDAY	Horse Riding	10
	Sallywags	11
SATURDAY	Doodles	8
	Sallywags	11
	Sensory Swimming	13
	Vectis Radio	17
SUNDAY	Sallywags	11
	Sensory Sessions	12
	Skateboarding	14

Some activities aren't on every week - check activity page for full details.

# ACCESS INFORMATION

To find out if a particular activity is suitable for your child's needs, check the symbols on each activity page (see key below). For further information, contact the activity provider in the first instance. They will be happy to answer any questions you have. Contact details are on each activity page.



## SYMBOL KEY



Wheelchair accessible



Siblings welcome



Accessible toilet



Family friendly



Hoist available



Accessible changing facilities

If you have a question about Short Breaks, including eligibility criteria and how to get involved, please contact the team on 01983 823168 or visit [www.iow.gov.uk/shortbreaks](http://www.iow.gov.uk/shortbreaks)

"Gives us as parents a few hours to ourselves, and we know that our daughter is in a safe and friendly environment whilst she can socialise with others and help her confidence."



# ACTING AND DRAMA CLUB



*Drama sessions focusing on self-esteem and confidence building with fun drama games. Refreshments available.*

<b>AGES</b>	13 to 19 years
<b>DAY</b>	Tuesday
<b>TIME</b>	4pm to 6pm
<b>ADDRESS</b>	The Old School, New Road, Wootton, PO33 4HX
<b>PRICE</b>	£3
<b>CONTACT</b>	Steph Saphin
<b>PHONE</b>	01983 882820
<b>EMAIL</b>	admin@blueskyarts.co.uk
<b>PROVIDER</b>	Wight Bluesky Arts CIC
<b>WEBSITE</b>	www.blueskyarts.co.uk



# BODSTER



*1:1 sessions where learners can interact with ponies on the ground. Learners help devise activities, for example, leading a pony and working loose in the round pen.*

<b>AGES</b>	5 to 18 years
<b>DAY</b>	Various
<b>TIME</b>	Various
<b>ADDRESS</b>	Sandford Farm, Shanklin Road, Sandford, PO38 3EX
<b>PRICE</b>	1:1 session (half hour) £10
<b>CONTACT</b>	Jo and Giles
<b>PHONE</b>	07887 876138
<b>EMAIL</b>	joandgi@googlemail.com
<b>PROVIDER</b>	Bodster - Equine Assisted Learning CIC
<b>WEBSITE</b>	www.eaqbodster.co.uk



# DOODLES



Sensory arts and crafts sessions. Seasonal crafts and sensory spaces in a fun and safe environment.

<b>AGES</b>	5 to 13 years
<b>DAY</b>	Saturday
<b>TIME</b>	9.30am to 12.30pm 1pm to 4pm
<b>ADDRESS</b>	7 Bowling Green Lane, Newport, PO30 LL
<b>PRICE</b>	£7.50
<b>CONTACT</b>	Jenny Barker
<b>PHONE</b>	07875 949584
<b>EMAIL</b>	<a href="mailto:connectiow@gmail.com">connectiow@gmail.com</a>
<b>PROVIDER</b>	Connect IoW
<b>WEBSITE</b>	<a href="http://www.connectiow.com">www.connectiow.com</a>



# DUNGEONS & DRAGONS



Dungeons and Dragons is a fantasy role-playing game. This new activity welcomes players from beginners upwards.

<b>AGES</b>	13 to 19 years
<b>DAY</b>	Monday
<b>TIME</b>	4.30pm to 6.30pm
<b>ADDRESS</b>	Autism Zone, 3 St James Street, Newport, PO30 5HE
<b>PRICE</b>	£5
<b>CONTACT</b>	Claire Collins
<b>PHONE</b>	07948 500607
<b>EMAIL</b>	<a href="mailto:admin@aimisleofwight.co.uk">admin@aimisleofwight.co.uk</a>
<b>PROVIDER</b>	<a href="http://bookwhen.com/aimisleofwight">bookwhen.com/aimisleofwight</a>
<b>WEBSITE</b>	AIM (Autism Inclusion Matters)





# HORSE RIDING



Horse riding and stable management for children with disabilities and/or additional needs.

<b>AGES</b>	6 to 16 years old
<b>DAY</b>	Thursday and Friday
<b>TIME</b>	4pm to 5.30pm
<b>ADDRESS</b>	Island Riding Centre, Staplers Road, Newport, PO30 2NB
<b>PRICE</b>	£10
<b>CONTACT</b>	Paul Buckner
<b>PHONE</b>	01983 214000
<b>EMAIL</b>	<a href="mailto:info@islandriding.com">info@islandriding.com</a>
<b>PROVIDER</b>	Island Riding
<b>WEBSITE</b>	<a href="http://www.islandriding.com">www.islandriding.com</a>

# SCALLYWAGS FUN CLUB



Play and meet new friends at Scallywags holiday club. Activities including cookery, art and crafts, bouncy castle, toys and music. Extra staff provide 1:2/1:5/1:7 additional support.

<b>AGES</b>	3 to 18 years
<b>DAY</b>	School holidays
<b>TIME</b>	Flexible hours to suit you. Sessions between 8am and 6pm
<b>ADDRESS</b>	Winchester House, Sandown Road, Shanklin, PO37 6HU
<b>PRICE</b>	£13
<b>CONTACT</b>	Sarah Wherry
<b>PHONE</b>	01983 530433 or 07977 709088
<b>EMAIL</b>	<a href="mailto:scallywags0@btinternet.com">scallywags0@btinternet.com</a>
<b>PROVIDER</b>	Scallywags Fun Club



# SENSORY SESSIONS



Multi-sensory sessions with free play in a small friendly group.

<b>AGES</b>	0 to 18 years
<b>DAY</b>	Sunday
<b>TIME</b>	10am to 12pm
<b>ADDRESS</b>	Beechgrove House, Upton Road, Haylands, Ryde, PO33 3LE
<b>PRICE</b>	£4
<b>CONTACT</b>	Clare
<b>PHONE</b>	07773 570505
<b>EMAIL</b>	<a href="mailto:clareanne21@btinternet.com">clareanne21@btinternet.com</a>
<b>BOOKING</b>	<a href="http://bookwhen.com/sensoryspacecic">bookwhen.com/sensoryspacecic</a>
<b>PROVIDER</b>	Sensory Space CIC
<b>FACEBOOK</b>	Sensory Space CIC



# SENSORY SWIMMING



Fun sensory swimming lessons. A parent/carer must accompany their child in the pool for the duration of the lesson.

<b>AGES</b>	4 to 12 years
<b>DAY</b>	Saturday
<b>TIME</b>	8.30am to 9am 11.30am to 12 noon
<b>ADDRESS</b>	Waterside Pool, Esplanade, Ryde, PO33 1LE
<b>PRICE</b>	£4 (must be booked in blocks of six)
<b>CONTACT</b>	Jeannie Hunnybun
<b>PHONE</b>	01983 563656
<b>EMAIL</b>	<a href="mailto:enquiries@watersidepool.co.uk">enquiries@watersidepool.co.uk</a>
<b>PROVIDER</b>	Waterside Pool
<b>WEBSITE</b>	<a href="http://www.watersidepool.co.uk">www.watersidepool.co.uk</a>





# SKATEBOARDING



Learn to skateboard in a fun, safe and structured environment with professional skate coach John Cattle and his team.

<b>AGES</b>	5 to 19 years
<b>DAY</b>	Sunday
<b>TIME</b>	10am, 11am and 12pm
<b>ADDRESS</b>	St Marks Church Hall, Station Road, Wootton, PO33 4RA
<b>PRICE</b>	£5
<b>CONTACT</b>	Zoe Thompson
<b>PHONE</b>	07598133214
<b>EMAIL</b>	<a href="mailto:skateclubbookings@gmail.com">skateclubbookings@gmail.com</a>
<b>PROVIDER</b>	John Cattle's Skate Club



# SWIMMING



Fun, friendly and fully accessible beginners swimming lessons, centred around learning though play with plenty of imagination thrown in.

<b>AGES</b>	3 to 18
<b>DAY/TIME</b>	Tuesday and Thursday afternoons/evenings
<b>ADDRESS</b>	Medina House School, School Lane, Newport, PO30 2HS
<b>PRICE</b>	£7 per session, children can attend sessions until they have achieved the Stanley 3 certificate or equivalent
<b>CONTACT</b>	Emma Robinson
<b>PHONE</b>	07891 003297
<b>EMAIL</b>	<a href="mailto:swimming@emmasotters.co.uk">swimming@emmasotters.co.uk</a>
<b>PROVIDER</b>	Emma's Otters
<b>WEBSITE</b>	<a href="http://www.emmasotters.co.uk">www.emmasotters.co.uk</a>





# TIGER TEENS



*Teens activity session exploring the animals of the Wildheart Animal Sanctuary.*

<b>AGES</b>	12 to 17 years
<b>DAY</b>	Fortnightly on Tuesday
<b>TIME</b>	4.30pm to 5.30pm
<b>ADDRESS</b>	Wildheart Animal Sanctuary, Granite Fort, Yaverland Seafront, Sandown, PO36 8QB
<b>PRICE</b>	£5
<b>CONTACT</b>	Zeb Fisher
<b>EMAIL</b>	<a href="mailto:zeb.fisher@wildheartanimalsanctuary.org">zeb.fisher@wildheartanimalsanctuary.org</a>
<b>PROVIDER</b>	Wildheart Animal Sanctuary
<b>WEBSITE</b>	<a href="http://www.wildheartanimalsanctuary.org">www.wildheartanimalsanctuary.org</a>



# VECTIS RADIO



*Gain confidence and communication skills while learning presenting, producing, promoting and podcasting in the fun environment of live radio.*

<b>AGES</b>	11 to 19 years
<b>DAY</b>	Saturday
<b>TIME</b>	10am to 1pm
<b>ADDRESS</b>	Vectis Radio, The Quay, Newport, PO30 2QR
<b>PRICE</b>	£6
<b>CONTACT</b>	Kelvin Currie
<b>EMAIL</b>	<a href="mailto:kelvin.currie@vectisradio.fm">kelvin.currie@vectisradio.fm</a>
<b>PROVIDER</b>	Vectis Radio
<b>WEBSITE</b>	<a href="http://www.vectisradio.com">www.vectisradio.com</a>



# YOUTH CLUB

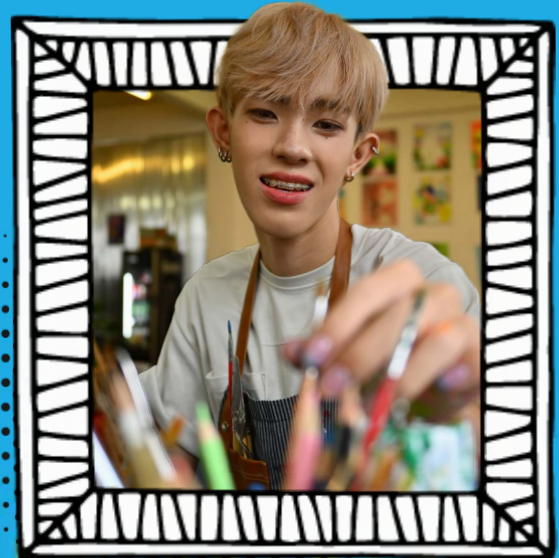


*Youth club session with arts and crafts, games and baking.*

<b>AGES</b>	11 to 16 years
<b>DAY</b>	Thursday
<b>TIME</b>	6pm to 8pm
<b>ADDRESS</b>	St Thomas' Church, St Thomas's Square, Ryde, PO33 2PJ
<b>PRICE</b>	Free
<b>CONTACT</b>	Kaiya Woodford
<b>PHONE</b>	01983 300128
<b>EMAIL</b>	<a href="mailto:kaiya.woodford@networkryde.org">kaiya.woodford@networkryde.org</a>
<b>PROVIDER</b>	Network Ryde Youth Service
<b>WEBSITE</b>	<a href="http://www.networkryde.co.uk">www.networkryde.co.uk</a>



# YOUTH HUB



*Tuesday after school/evening teenage youth club with both organised and free-choice activities in a multi-activity and fully-equipped centre.*

<b>AGES</b>	13 to 19 years
<b>DAY</b>	Wednesday
<b>TIME</b>	6pm to 8pm
<b>ADDRESS</b>	The Old School, New Road, Wootton, PO33 4HX
<b>PRICE</b>	£2
<b>CONTACT</b>	Sandra Attree
<b>EMAIL</b>	<a href="mailto:hello@theoldschoolcentre.org">hello@theoldschoolcentre.org</a>
<b>PROVIDER</b>	The Old School Centre CIC





## SHORT BREAKS

# CARAVAN

Have a Short Break in the popular resort of Lower Hyde, Shanklin. Our large wheelchair-accessible caravan sleeps up to six people.



The caravan is close to the beach, town centre, transport links and local entertainment.



The Short Breaks caravan is available to book from March to November.



<b>SLEEPS</b>	Up to six people
<b>ADDRESS</b>	Park Resorts, Lower Hyde, Shanklin, PO37 7LL
<b>CHECK IN/OUT</b>	Arrival: after 4pm Departure: by 10am
<b>SHORT BREAKS</b>	Monday to Friday (four nights), Friday to Monday (three nights) and Monday to Monday (seven nights) bookings only.
<b>CLEANING/LINEN</b>	Prices include a £25 cleaning charge and bed linen hire
<b>DEPOSIT</b>	£50 non-refundable deposit to secure your booking, plus the £25 cleaning charge.

For more information about the Short Breaks caravan visit [iow.gov.uk/ShortBreaksCaravan](http://iow.gov.uk/ShortBreaksCaravan)

Please note the Short Breaks caravan is a non-profit venture. All income is used to cover essential costs and charges. VAT is included in all prices quoted.



# DON'T TAKE OUR WORD FOR IT - TRUST THE YOUNG INSPECTORS!



## Who are the young inspectors?

The young inspectors are young people who use the services of Short Breaks. Any service user can apply to be a young inspector.

## What do the young inspectors do?

The young inspectors work together to check out and rate the activities in this programme. They do this by joining in, watching how others participate and filling out a questionnaire with their findings. There is help to do this - and there is also a reward! For each event or activity they inspect they receive a £5 voucher stamp, which will be awarded to them at the young inspectors party at the end of the year.

## How do young inspectors help?

It's important that the voices and opinions of young people are listened to. The inspectors' feedback is used to improve the Short Breaks service and help others choose which activities they want to do.

## About young inspectors star ratings

If an activity has been inspected by the young inspectors then it will have a star rating; this will be shown on the activity page as a magnifying glass with one, two or three stars, plus the year it was rated. If there is no rating, it means that an inspection is due to happen.



## How can I become a young inspector?

If you are aged between four- and eighteen-years-old you may be able to join the young inspectors skilled workforce.

If you are interested in becoming a young inspector email [younginspectors@iow.gov.uk](mailto:younginspectors@iow.gov.uk)

## Where can I find out more?

View the young inspectors reports by visiting: [iow.gov.uk/shortbreaksyounginspectors](http://iow.gov.uk/shortbreaksyounginspectors)



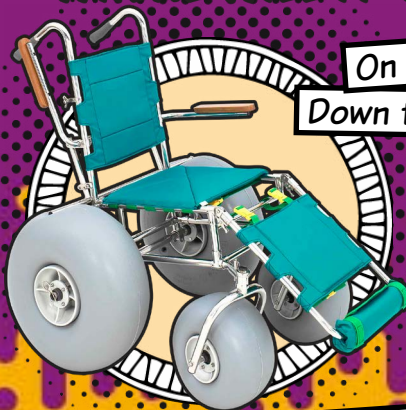
If you have difficulty understanding this leaflet, phone 01983 821000 and we will do our best to help you.

# LANDEEZ

## ALL-TERRAIN WHEELCHAIR

Rides easily over sand, snow and gravel - perfect for the Island's beaches and accessible countryside paths.

### WHERE WILL IT TAKE YOU?



On the beach?

Down to the woods?

AVAILABLE  
TO HIRE!

Great for the beach and woodland, the Landeez marine-grade stainless steel frame will not rust or corrode, even in salt water, and the ballistic nylon seating is removable and washable.

The Landeez can be adjusted to fit a small child or large adult, plus the wheelchair can be disassembled in seconds making it highly transportable and easy to store.

Landeez wheelchairs can be hired up to one day per family, per week, from the following locations. Booking is essential.

**Dinosaur Isle**, Culver Parade,  
Sandown, PO36 8QA  
Phone: 01983 404344

**Sandown Lifeguard Station**,  
Esplanade, Sandown, PO36 8AE