

SHORT

BREAKS

PROGRAMME



**WINTER
2023**

**FREE
TO JOIN***



FUN ACTIVITIES

**FOR CHILDREN AND YOUNG PEOPLE
WITH DISABILITIES AND/OR ADDITIONAL NEEDS**

**There is a small charge for most activities.*



**Isle of Wight
Council**

WELCOME TO YOUR

SHORT

BREAKS

PROGRAMME

WINTER
PROGRAMME

What's new for winter 2023?

It's that time of year to put on your warm coat and wellies, and enjoy the cooler days and dark starry nights.

Once again we have plenty of specially selected Short Breaks activities - including regular favourites - for you to enjoy, for all ages (up to 19).

The activities in this programme are listed in alphabetical order, plus there is a handy schedule on page six so you can see what is available on each day of the week. Please check activity details for eligibility, accessibility and prices. It is advisable to book for each activity.

Please let us know what you think, or tell the young inspectors. Remember, it's **YOUR** programme!

The Short
Breaks team



FREE
TO JOIN*

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*There is a small charge for most activities.

What is the Short Breaks programme?

With the support of local businesses, the Isle of Wight Council's Short Breaks team has curated lots of fun activities specifically for young people on the Isle of Wight, with disabilities and/or additional needs. If you want to participate - and are eligible (see below) - you will need to complete a simple form to take part.

Can I do Short Breaks activities?

If you answer 'yes' to the following you are eligible to join in Short Breaks activities.

- I am eighteen years old or younger.
- I have a disability and/or additional need that means I need support to join in leisure and recreational activities.
- I live on the lovely Isle of Wight and/or go to school here.

Are there any other benefits?

Yes, if you are eligible for Short Breaks, you and your family can also use the caravan at Shanklin, which is equipped for people with disabilities. Find out more on page twenty.



**SHORT
BREAKS**
MEMBERSHIP CARD

FUN ACTIVITIES
FOR CHILDREN AND YOUNG PEOPLE
WITH DISABILITIES AND/OR ADDITIONAL NEEDS



Sounds fab! How do I join?

It's simple and free to join*. Visit iow.gov.uk/shortbreaks to complete an application form. You will also need to provide a passport size photograph.

DON'T TAKE OUR WORD FOR IT - TRUST THE YOUNG INSPECTORS!



Who are the young inspectors?

The young inspectors are young people who use the services of Short Breaks. Any service user can apply to be a young inspector.

What do the young inspectors do?

The young inspectors work together to check out and rate the activities in this programme. They do this by joining in, watching how others participate and filling out a questionnaire with their findings. There is help to do this - and there is also a reward! For each event or activity they inspect they receive a £5 voucher stamp, which will be awarded to them at the young inspectors party at the end of the year.

How do young inspectors help?

It's important that the voices and opinions of young people are listened to. The inspectors' feedback is used to improve the Short Breaks service and help others choose which activities they want to do.

About young inspectors star ratings

If an activity has been inspected by the young inspectors then it will have a star rating; this will be shown on the activity page as a magnifying glass with one, two or three stars, plus the year it was rated. If there is no rating, it means that an inspection is due to happen.



How can I become a young inspector?

If you are aged between four- and eighteen-years-old you may be able to join the young inspectors skilled workforce.

If you are interested in becoming a young inspector email younginspectors@iow.gov.uk

Where can I find out more?

View the young inspectors reports by visiting: iow.gov.uk/shortbreaksyounginspectors



PLAN YOUR WEEK



DAY	ACTIVITIES	PAGE
MONDAY	Dungeons and Dragons	10
	Sallywags	12
	Social Club	16
TUESDAY	Sallywags	12
	Swimming	17
WEDNESDAY	Sallywags	12
THURSDAY	Little Wildhearts Forest School	11
	Sallywags	12
	Youth Club	19
FRIDAY	Sallywags	12
SATURDAY	Bodster	8
	Doodles	9
	Sallywags	12
	Sensory Swimming	14
	Vectis Radio	18
SUNDAY	Sallywags	12
	Sensory Sessions	13
	Skateboarding	15

Some activities aren't on every week
- check activity page for full details.

ACCESS INFORMATION

To find out if a particular activity is suitable for your child's needs, check the symbols on each activity page (see key below). For further information, contact the activity provider in the first instance. They will be happy to answer any questions you have. Contact details are on each activity page.



SYMBOL KEY



Wheelchair accessible



Siblings welcome



Accessible toilet



Family friendly



Hoist available



Accessible changing facilities

If you have a question about Short Breaks, including eligibility criteria and how to get involved, please contact the team on 01983 823168 or visit www.iow.gov.uk/shortbreaks

"Gives us as parents a few hours to ourselves, and we know that our daughter is in a safe and friendly environment whilst she can socialise with others and help her confidence."

BODSTER



Fun activities where learners interact with ponies on the ground. Learners help devise activities, for example, leading a pony and working loose in the round pen.

AGES	5 to 18 years
DAY	Saturday
TIME	10am to 11.45am
ADDRESS	Sandford Farm, Shanklin Road, Sandford, PO38 3EX
PRICE	Saturday session (45 minutes) £7.50 1:1 session (half hour) £7.50
CONTACT	Jo and Giles
PHONE	07887 876138
EMAIL	joandgi@googlemail.com
PROVIDER	Bodster - Equine Assisted Learning CIC
WEBSITE	www.eaqbodster.co.uk



DOODLES



Sensory arts and crafts sessions. Seasonal crafts and sensory spaces in a fun and safe environment.

AGES	5 to 13 years
DAY	Saturday
TIME	9.30am to 12pm 1pm to 4pm
ADDRESS	7 Bowling Green Lane, Newport, PO30 LL
PRICE	£7.50
CONTACT	Jenny Barker
PHONE	07875 949584
EMAIL	connectiow@gmail.com
PROVIDER	Connect IoW
WEBSITE	www.connectiow.com



DUNGEONS & DRAGONS



Dungeons and Dragons is a fantasy role-playing game. This new activity welcomes players from beginners upwards.

AGES	13 to 19 years
DAY	Monday
TIME	4.30pm to 6.30pm
ADDRESS	Autism Zone, 3 St James Street, Newport, PO30 5HE
PRICE	£4.50
CONTACT	Claire Collins
PHONE	07948 500607
EMAIL	support@aimisleofwight.co.uk
PROVIDER	bookwhen.com/aimisleofwight
WEBSITE	AIM (Autism Inclusion Matters)



LITTLE WILDHEARTS FOREST SCHOOL



Forest School activities
for children's early years.

AGES	1 to 4 years
DAY	Thursday
TIME	1pm to 2.30pm
ADDRESS	Haylands Farm, Salters Road, Ryde, PO33 3HU
PRICE	£5
CONTACT	Lizzie
PHONE	07738 287408
EMAIL	lizzieboynton@hotmail.co.uk
BOOKING	foreverwildatheart.co.uk/book
PROVIDER	Forever Wild at Heart



SCALLYWAGS FUN CLUB



Play and meet new friends at Scallywags holiday club. Activities including cookery, art and crafts, bouncy castle, toys and music. Extra staff provide 1:2/1:5/1:7 additional support.

AGES	13 to 18 years
DAY	School holidays
TIME	Flexible hours to suit you. Sessions between 8am and 6pm
ADDRESS	Winchester House, Sandown Road, Shanklin, PO37 6HU
PRICE	£10
CONTACT	Sarah Wherry
PHONE	01983 530433 or 07977 709088
EMAIL	scallywags0@btinternet.com
PROVIDER	Scallywags Fun Club



SENSORY SESSIONS



Multi-sensory sessions with free play in a small friendly group.

AGES	0 to 18 years
DAY	Sunday
TIME	10am to 12pm
ADDRESS	Beechgrove House, Upton Road, Haylands, Ryde, PO33 3LE
PRICE	£4
CONTACT	Clare
PHONE	07773 570505
EMAIL	clareanne21@btinternet.com
BOOKING	bookwhen.com/sensoryspacecic
PROVIDER	Sensory Space CIC
FACEBOOK	Sensory Space CIC



SENSORY SWIMMING



Fun sensory swimming lessons.
A parent/carer must accompany
their child in the pool for the
duration of the lesson.

AGES	4 to 12 years
DAY	Saturday
TIME	8.30am to 9am 11.30am to 12 noon
ADDRESS	Waterside Pool, Esplanade, Ryde, PO33 1LE
PRICE	£3
CONTACT	Genevieve Joliffe
PHONE	07710 527907
EMAIL	info@sensoryswim.org
PROVIDER	Waterside Pool
WEBSITE	www.sensoryswim.org



SKATEBOARDING



Learn to skateboard in a fun, safe and structured environment with professional skate coach John Cattle and his team.

AGES	5 to 19 years
DAY	Sunday
TIME	10am and 11am
ADDRESS	St Marks Church Hall, Station Road, Wootton, PO33 4RA
PRICE	£5
CONTACT	John Cattle
PHONE	07917 891555
EMAIL	johncattleskateclub@gmx.com
PROVIDER	John Cattle's Skate Club



SOCIAL CLUB



Fun, stimulating and safe opportunity for young people to socialise and make friends outside of school hours.

AGES	11 to 19 years
DAY	Monday
TIME	3.30pm to 5.45pm
ADDRESS	Riverside, The Quay, Newport, PO30 2QR
PRICE	£5
CONTACT	Laura Reid
EMAIL	lreid@actioniw.org.uk
PROVIDER	Community Action IW



SWIMMING



Fun, friendly and fully accessible swimming lessons, centred around learning through play with plenty of imagination thrown in.

AGES	3 to 18
DAY	Tuesday
TIME	3.45pm/4.15pm/5.15pm
ADDRESS	Medina House School, School Lane, Newport, PO30 2HS
PRICE	£5 per session (must be booked in blocks of six)
CONTACT	Emma Robinson
PHONE	07891 003297
EMAIL	swimming@emmasotters.co.uk
PROVIDER	Emma's Otters
WEBSITE	www.emmasotters.co.uk



VECTIS RADIO



Gain confidence and communication skills while learning presenting, producing, promoting and podcasting in the fun environment of live radio.

AGES	11 to 19 years
DAY	Saturday
TIME	10am to 1pm
ADDRESS	Vectis Radio, The Quay, Newport, PO30 2QR
PRICE	£5
CONTACT	Kelvin
EMAIL	kelvin.currie@vectisradio.fm
PROVIDER	Vectis Radio
WEBSITE	www.vectisradio.com



YOUTH CLUB



Youth club session
with arts and crafts,
wii, xbox, board games.

AGES	11 to 16 years
DAY	Thursday
TIME	6pm to 8pm
ADDRESS	@147, 147 High Street, Ryde, PO33 2RE
PRICE	Free
CONTACT	Bex Swan
PHONE	01983 300128
EMAIL	rebecca.swan@networkryde.org
PROVIDER	Network Ryde
WEBSITE	www.networkryde.co.uk



SHORT BREAKS

CARAVAN

Have a Short Break in the popular resort of Lower Hyde, Shanklin. Our large wheelchair-accessible caravan sleeps up to six people.



The caravan is close to the beach, town centre, transport links and local entertainment.



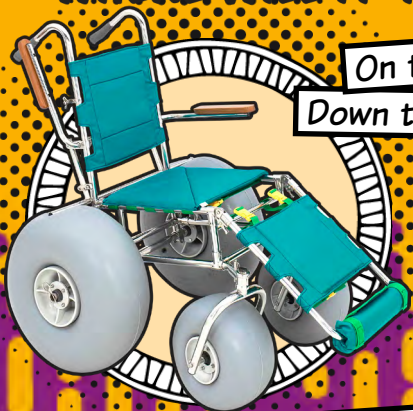
For more information about the Short Breaks caravan visit www.iow.gov.uk/ShortBreaksCaravan

LANDEEZ

ALL-TERRAIN WHEELCHAIR

Rides easily over sand, snow and gravel - perfect for the Island's beaches and accessible countryside paths.

WHERE WILL IT TAKE YOU?



On the beach?

Down to the woods?

AVAILABLE
TO HIRE!

Great for the beach and woodland, the Landeez marine-grade stainless steel frame will not rust or corrode, even in salt water, and the ballistic nylon seating is removable and washable.

The Landeez can be adjusted to fit a small child or large adult, plus the wheelchair can be disassembled in seconds making it highly transportable and easy to store.

Landeez wheelchairs can be hired up to one day per family, per week, from the following locations. Booking is essential.

Dinosaur Isle, Culver Parade,
Sandown, PO36 8QA
Phone: 01983 404344

Sandown Lifeguard Station,
Esplanade, Sandown, PO36 8AE

SHORT BREAKS

"The club has provided us with the first non-school activity that my child is happy to attend."



If you have difficulty understanding this leaflet, please contact us on 01983 821000 and we will do our best to help you.