

SHORT

BREAKS

**SERVICE
STATEMENT**

2023



**FREE
TO JOIN***

**FUN ACTIVITIES
FOR CHILDREN AND YOUNG PEOPLE
WITH DISABILITIES AND/OR ADDITIONAL NEEDS**

**There is a small charge for most activities.*

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WELCOME

This statement details how short breaks and support services for children and young people with disabilities and additional needs are organised, and how they can be accessed by you and your family.

We continue to work with Parents Voice which represents parents and carers across the Isle of Wight to make sure we provide the information local families need in a way that is accessible by all.

We believe that this statement reflects the fact that our services are continually striving to improve and are always responding to what families are telling us.

We hope the Island community will continue to work with the council to achieve the best outcomes for children and young people on the Isle of Wight.



INTRODUCTION AND SUMMARY

What are Short Breaks?

Short Breaks are fun or educational activities for children and young people with disabilities and additional needs – allowing their parents or carers to take a 'short break' from caring.

Short Breaks activities are offered during daytimes, evenings, weekends and school holidays. Having a short break can enable parents and carers to have the time to undertake training, leisure activities, day to day tasks, or education.



What is a Short Breaks service statement?

This statement is a guide to the services offered by the Isle of Wight Council. This statement tells you what Short Breaks are available to support your family and how to find suitable services. Every local authority has to provide a statement and listen and respond to parents' and carers' views.

SHORT BREAKS PROGRAMME WINTER 2022

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FUN ACTIVITIES
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WITH DISABILITIES AND/OR ADDITIONAL NEEDS

*There is a small charge for most activities.

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Who is a Short Break for?

The Equality Act 2010 tells us a disability is a person with:

'A physical or mental impairment that has a 'substantial' and 'long-term' negative effect on your ability to do normal daily activities.'

We refer to 'additional needs' in this statement as some parents and carers and young people prefer this term.

Short Breaks are only intended for children and young people who have an impairment.

There is other support available from children's services and other organisations for children and young people with additional needs resulting from abuse or trauma for example, but who do not have a 'disability'.

My son struggles with social skills, and since attending Island Riding he has become more confident and really enjoys the sessions.



How can Short Breaks help me and my family?

For the young person to:

- To take part in exciting activities that interest them.
- Develop feelings of independence and gain more confidence.
- Spend time with their friends – and make new ones.
- Achieve personal goals and learn new skills.

For the parent or carer to:

- Reduce feelings of stress and allow 'you' time.
- Spend time with your other children or together as a family.
- Meet and get to know other families who share similar experiences.
- Feel confident your child is having fun – with skilled carers who understand their needs.



"Gives us as parents a few hours to ourselves, and we know that our daughter is in a safe and friendly environment whilst she can socialise with others and help her confidence."



"My daughter has not stopped talking about her experience today. Thank you."

SHORT BREAKS PROGRAMME

Who is this for? (eligibility criteria)

The Short Breaks programme is open to all children and young people who:

- Have a disability and additional needs and may require support to participate fully in leisure or recreation activities;
- Are between 0 and their 19th birthday;
- Live on the Isle of Wight and/or attend a school on the Isle of Wight.



We want to enable children and young people with disabilities and additional needs to join in with safe, entertaining and interesting activities, while giving their parents or full-time carers an opportunity to have a short break from caring.

There is no limit to the number of Short Breaks activities your child can participate in, and you can mix and match activities to suit your family's needs and the things that your child or young person likes to do.

The Short Breaks programme funds two main types of activities:

- Support to attend mainstream activities, play schemes, clubs and groups.
- Specialist activities – run specifically for children and young people with moderate or complex needs.

We are aware that financial difficulties can be an issue for many families, so we have asked all activity providers to consider this when applying for their Short Breaks grant.

LESS COMPLEX

NEEDS

MORE COMPLEX

SHORT BREAKS PROGRAMME

- Support and assistance to access mainstream activities without dedicated support.
- Inclusive mainstream activities with dedicated support.
- Specialist activities.

SPECIALIST SERVICES FROM SOCIAL CARE

An individual support package based on the child or young person's needs. This may include the following elements depending on the assessed need:

- Personal budgets.
- Therapeutic support.
- Overnight Short Breaks/respice care.

Specialist activities

Children and young people with moderate or complex needs often require higher levels of support, staff with specialist knowledge or training (such as use of feeding pumps, administering medication or lifting techniques) or specific resources or equipment (such as hoists or changing tables) to join in certain activities. It is our aim to ensure that the child or young person's disability or support requirements are not a barrier to them accessing the activities they would like to take part in.

We work with a wide range of organisations and activity providers across the Isle of Wight to ensure that there are activities on offer that are suitable for children and young people with the most complex needs, allowing them to take part in a wide range of interesting and exciting activities.

Some of these activities are run by specialist activity providers, some are run at local special schools, and some of the activities may be run for particular disability groups. All these activities are open to all Short Breaks membership cardholders.

Some of the activities are also for siblings, as we understand the difficulties of having children at two different activities at the same time. This gives disabled and non-disabled children the opportunity to enjoy activities together.

Mainstream activities

We understand that not all children and young people need or want to attend specialist activities specifically designed for children and young people with disabilities and additional needs.

Some children and young people would prefer to attend activities with their friends from school or local area, or with their siblings. Some providers apply for funding which allows them to allocate fully-supported places to children and young people with disabilities and additional needs. The provider will work with you to cater for your child's individual requirements; they will ensure that they get to know your child and the support that they need to take part in the activity, giving you peace of mind that your child is in safe hands.

You may also wish for your child or young person to attend mainstream activities within local organisations, such as scouts or guides, or a local swimming club, where the provider feels that they need some additional support to be able to welcome your child to the activity. In this instance, the provider can contact the Short Breaks team for support and advice, and the provider can apply for small amounts of funding for resources to ensure the provision is accessible.

We hope that this allows many more children to be included by local providers, allowing them to attend enjoyable and exciting activities with their friends and siblings.

We have seen that a little bit of extra support can make a huge difference to enable children and young people with disabilities and additional needs to be included in mainstream activities.

You will be expected to pay for the standard cost for your child to attend the activity, and funding from the Short Breaks programme will pay for the additional support that they may need.



How can I access Short Breaks programme activities?

To access activities children will need a free Short Breaks membership card.

Book a place on an activity directly with the organiser of the activity (activity provider).

The Short Breaks membership card scheme will help the provider apply for future funding.

Data Protection

Your personal details will be stored centrally by the Short Breaks team which means that you do not need to complete funding forms for every activity provider; you simply have to present your Short Breaks membership card at the time of booking or attending. The information stored on the card database is only for the Short Breaks team's use – your information will not be accessible by any other teams or third parties. The information we collect will help us evaluate our provision and plan for future services.

Apply for a Short Breaks card

- www.iwight.com/shortbreaks
- short.breaks@iow.gov.uk
- 01983 823168

Over 700 children and young people now have Short Breaks membership cards.



Short Breaks membership card

- Eligible children will need to register for a Short Breaks membership card to access activities funded by the Isle of Wight Council's Short Breaks programme.
- Each Short Breaks membership card contains a unique reference number which will be specific to each child or young person.
- You will need to show activity providers your child's Short Breaks membership card when booking/attending.
- Parents/carers and siblings do not require a Short Breaks membership card to support their child or young person in accessing the Short Breaks programme.

FREE TO JOIN*



What if I have a problem with a Short Breaks activity?

If you experience any problems in accessing a Short Breaks activity, or problems while your child is attending, please discuss this with the activity provider in the first instance and ask for a copy of their complaints policy if needed.

If you remain unhappy, or you need some support to address the problem, please contact the Short Breaks team: call 01983 823168 or email short.breaks@iow.gov.uk

Short Breaks funding

How do we decide what activities are funded by the Short Breaks programme?

Panel members follow evaluation criteria and make collective decisions on all applications. Panels are made up of Short Breaks management team and parents representatives from Parents Voice IW.

- Large grant funding up to £20,000.
- Small grant funding up to £500.
This funding is for equipment only to support inclusion.

Details of the panels and applications can be found at www.iwight.com/shortbreaks

**There is a small charge for most activities.*

Where to find out more

Isle of Wight Short Breaks website

The Isle of Wight Short Breaks website is packed full of places to go and things to do.

The website contains information about the activities available, the young inspectors' programme, and booking the caravan. www.iwight.com/shortbreaks

Short Breaks activity guide

The Short Breaks team publishes summer and winter guides which will be available from schools and events. They are colourful guides

to all the activities that are happening on the Isle of Wight for children with disabilities and additional needs.

Also please talk to your local school, Parents Voice IW, or look up on our website: www.iwight.com/shortbreaks

If you have any problems accessing any of the activities listed on the website or in the publications, the Short Breaks team will be happy to help. Call: (01983) 823168 or email: short.breaks@iow.gov.uk

SHORT BREAKS PROGRAMME SUMMER 2019
FREE TO JOIN*
FUN ACTIVITIES FOR CHILDREN AND YOUNG PEOPLE WITH DISABILITIES AND/OR ADDITIONAL NEEDS
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SHORT BREAKS PROGRAMME WINTER 2019/20
FREE TO JOIN*
FUN ACTIVITIES FOR CHILDREN AND YOUNG PEOPLE WITH DISABILITIES AND/OR ADDITIONAL NEEDS
*There is a small charge for most activities.

SHORT BREAKS PROGRAMME SUMMER 2020
FREE TO JOIN*
FUN ACTIVITIES FOR CHILDREN AND YOUNG PEOPLE WITH DISABILITIES AND/OR ADDITIONAL NEEDS
*There is a small charge for most activities.

SHORT BREAKS PROGRAMME WINTER 2021/22
FREE TO JOIN*
FUN ACTIVITIES FOR CHILDREN AND YOUNG PEOPLE WITH DISABILITIES AND/OR ADDITIONAL NEEDS
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SHORT BREAKS PROGRAMME SUMMER 2021
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SHORT BREAKS PROGRAMME WINTER 2021/22
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SHORT BREAKS PROGRAMME SUMMER 2022
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ISLE OF WIGHT

*There is a small charge for most activities.

DON'T TAKE OUR WORD FOR IT - TRUST THE YOUNG INSPECTORS!

Young inspectors' programme

The mission statement of the Short Breaks young inspectors' programme is:

'To provide an opportunity for children and young people with disabilities and/or additional needs to contribute to the decision-making and development of services for children and young people with disabilities and/or additional needs on the Isle of Wight.'

The young inspectors scheme has been developed to capture the voice of children and young people who have a disability and/or additional needs.

Our aim is to enable service users to carry out the role of a young inspector, so feedback gained can be used to develop Short Breaks to better meet young people's needs.

Young people aged four to their 19th birthday will form a skilled workforce, working in small groups to assess commissioned services and activities through participating, observing and giving their opinions via a child-friendly questionnaire, with the opportunity to give additional feedback if necessary.

The feedback is collated into a report then given to the providers with a star rating out of a possible three stars, then published on the young inspectors web page.

You can read the inspection reports at: iwight.com/shortbreaksyounginspectors

If your child or young person would like to be involved with this programme please visit iwight.com/shortbreaks



Who are the young inspectors?

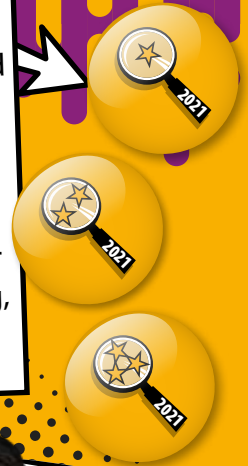
The young inspectors are young people who use the services of Short Breaks. Any service user can apply to be a young inspector.

How do young inspectors help?

It's important that the voices and opinions of young people are listened to. The inspectors' feedback is used to improve the Short Breaks service and help others choose which activities they want to do.

About Short Breaks young inspectors star ratings

If an activity has been inspected by the young inspectors then it will have a star rating. This will be shown on the activity page as a magnifying glass with one, two or three stars, plus the year it was rated. If there is no rating, it means that an inspection is due to happen.



SOCIAL CARE SPECIALIST SERVICES

Who are specialist services from social care for?

Although we have increased our number and variety of Short Breaks that are on offer to children and young people with disabilities and additional needs, we know that there are families that need more support.

This might be because of a change in the family's capacity to support their child, or because the child or young person's needs have become greater. The increase in need might be sudden and unexpected, or it may happen over a period of time. However, this situation arises, some families will be able to continue with their own resources and with informal support from friends, relatives and local support groups. Some families may find that they do not have this support available to them and that they need more help from the council.

This type of service is targeted at families with the most complex needs, offering an individual support package (also called a 'child in need plan') to meet those needs.

To ensure that we can provide these specialist support services to the families that need them, when they need them, we have our 'eligibility criteria' that we use to assess the needs of each child and their family.

Eligibility criteria

What is the eligibility criteria for accessing services for children and young people with complex needs?

You may be eligible for specialist services from social care if your child requires substantial additional support as a result of their disability and additional needs in order to achieve their age appropriate potential – and this support cannot be provided within your family.

Examples of when you may be eligible include when:

- Specialist equipment is required to be mobile.
- Support is required to be able to undertake all basic self care functions (that are age appropriate).
- Your child or young person requires constant supervision throughout the day and for prolonged periods at night (when no longer age appropriate).
- As a result of their disability your child or young person's behaviour proves a serious risk to themselves and/or others – this includes self-harm.
- Without support their ability to communicate severely affects their personal safety, eg, they are non-verbal.
- They have a profound and multiple learning disability, severe learning disability, or autism with challenging behaviour, which results in a significant risk of self-harm or harm to others.



Accessing specialist services

from social care

To see what help might be needed from social care, a social worker will need to talk with you in order to complete an assessment. This could be a social worker from one of the Children's Assessment and Safeguarding Teams (CAST), or they might be from the specialist disabled children's team depending on your child's needs.

It is important to note that while many Short Breaks activities are available without any assessment, you are able to request an assessment of your disabled child's needs at any time.

The assessment is just a way of recording the information gathered by talking with you, your child, and other people involved with your family. You will be fully involved and you will be able to write your own comments on the assessment too.

The social worker will need to discuss your family's needs with their managers to agree the plan they want to put in place to support you and any services that they hope to offer.

To find out if a particular activity is suitable for your child's needs, check the symbols on each activity page (see key below). For further information, contact the activity provider in the first instance.

SYMBOL KEY



Wheelchair accessible



Siblings welcome



Accessible toilet



Family friendly



Hoist available



Accessible changing facilities



How are social workers in the Children with Disabilities Team, different from other children's services social workers?

Most children's services social workers usually become involved with a child and family if there is a safeguarding concern about the care a child is receiving and a concern has been raised that a child may come to some harm.

Social workers in the children with disabilities team on the Isle of Wight do work with children in these kinds of situations too, with the aim of working with the family to ensure all children and young people with disabilities and additional needs are safe and well looked after.

However, the social workers in the Children with Disabilities Team have a much wider role than other social workers. They frequently support families where there are no such concerns – just a need for extra support due to the impact of disability on the family.

OTHER USEFUL INFORMATION

Transition (moving from children's to adult services)

How does Short Breaks support transition?

Transition is the time when young people are moving from childhood into adulthood, between 14 and 25 years old. This is the time when young people are preparing to leave school and take the next steps in their adult life. For young people with disabilities and additional needs, more support may be needed during this time to enable them to reach their full potential.

The transition from children's to adult services should be a positive experience and a time of opportunity for young people, and we want to support them as they become young adults.

Some young people may be eligible for services from adult social care. The Transitions Team work with young people between 18 to 25.

Further information can be found at: iwight.com/Residents/care-and-Support/Local-Offer/Social-Care-and-Leisure/Transition1

Childcare

Where can I find out about suitable childcare?

The Short Breaks programme is not designed to provide all the childcare working parents might need, as it is designed to give parents and carers a short break rather than childcare. However, we appreciate that finding suitable childcare is important to working parents.

There is a comprehensive list of childcare on the Isle of Wight available at www.iwight.com/localoffer. This includes Ofsted registered childcare and activities including parent and toddler groups.

Family centres

Family centres aim to give every child the best possible start in life. They are places where all families with children aged 0 to 19 can easily access a range of different services to support them, including information and advice, drop-in sessions, access to early education, parenting support, information on local childcare, and more. Family centres also offer services specifically suited to children with disabilities and additional needs.

These services vary by area. Contact your local centre to see what could be available to you. There are three Family Centre hubs, open Monday to Friday, 9am to 5pm:

- **Ryde** (North-East Wight hub)
Tel: 01983 617617
- **The Bays, Sandown** (South Wight hub)
Tel: 01983 408718
- **West Newport** (West/Central Wight hub)
Tel: 01983 537390





SEND IASS

SEND IASS stands for Special Educational Needs and Disability Information Advice and Support Service. If you're a parent/carer of a child or young person with special educational needs (SEN) and/or a disability they can help you.

SEND IASS provides free, confidential and impartial advice, information and support on all matters relating to SEN and disabilities. SEND IASS has a 'self-referral' policy. Parents can make contact directly or they may be signposted by others including professionals, schools or voluntary organisations.

They listen to your concerns and work with you to identify a planned way forward by providing you with impartial information and advice to enable you to make informed decisions about your child. They often work with parents, but are also able to provide a direct and separate service to young people up to the age of 25.

Call on: 01983 825548 or email: sendiass@iow.gov.uk www.iowsendiass.co.uk

Parents Voice IW

Parents Voice IW is the Island's main forum for parents and carers of children and young people with a wide range of special educational needs (SEN) and disabilities. Their purpose is to help shape changes to existing services and to participate in the planning of new and future initiatives for children and young people with SEN and disabilities.

If you have a child with a SEN or disability they would like you to share your experiences. As part of a national initiative to promote parent participation in the planning of services, they represent the views of many more parents/carers on the Isle of Wight.

They hold events, information sessions and training opportunities for parent carers too. They also work with the council to ensure parent voices are heard at every level.

If you would like to find out more please email: parentsvoice@peoplematteriw.org or tel: (01983) 241494.



SHORT BREAKS DEVELOPMENT TO 2023

1989

The Children Act 1989 provides a clear definition of a disabled child and the roles of their parents and carers. It also recognises the pressures placed upon carers and the need for regular breaks to enable them to continue caring.

2006

Parents inform Parliamentary hearings that the biggest cause of unhappiness is the lack of short break provision.

2008

Consultations with parents and carers reveal that children and young people with disabilities and additional needs want greater choice in their Short Breaks and to be able to access local leisure facilities.

Parents and carers just want a break from caring and to feel confident that services are meeting their family's needs.

Section 25 of the *Children and Young Persons Act* requires local authorities to offer Short Breaks provision – giving guidance on the type of services that should be offered. *Aiming High for Disabled Children* is launched, focusing upon increasing and improving Short Breaks provision.



2011

Aiming High Programme ends (March) and *The Breaks for Carers of Disabled Children Regulations* come in to effect, making it a legal duty for local authorities to provide Short Breaks (April).

On 1 October 2011 a Short Breaks service statement must be published which includes the range of services available, any eligibility criteria and how these services have been developed to meet the needs of parents and carers.

It is recognised that these statements will need to be reviewed regularly in order to ensure that services are meeting the needs of the people these are being provided to and for. This should be done through consultation and collaboration with local parents.

2011 to 2013

The Short Breaks service has evolved on the Isle of Wight:

- The service began offering taster sessions supported by keyworkers. The number and variety of providers involved increased.
- The service bought a lodge, caravan and beach hut which can be rented out by families and carers.
- The Short Breaks programme ran a successful pilot of young inspectors in 2013 which evaluated short break activities.
- Short Breaks has increased its presence in the community through marketing.
- The annual fun day was started in 2012 and has grown in size, becoming a must-go event for families of children with disabilities and additional needs.
- The service has bought Landeez wheelchairs and hoists which are available across the island in different locations, making more activities accessible for children with disabilities.
- The Gateway Card scheme was launched in October 2013 with more than 600 children having one.

*There is a small charge for most activities.



2014 to 2016

The number and variety of providers involved increased.

- The service maintains the use of the lodge and caravan.
- Young inspectors has more than 20 inspectors who inspect Short Breaks activities. Young inspectors is now recognised over the UK and has been commented on within the Houses of Parliament.
- Short Breaks offers inclusion funding to organisations that need additional equipment to remove barriers and support inclusion.
- The annual fun day is in its fourth year and becoming bigger and better; not only is it a fun day it is now a fun and information day offering loads of information on all aspects of disabilities and additional needs.
- The Gateway Card Plus was launched in October 2015, which contains the child's photograph, date of birth and name, with more than 450 children now having one.

2017 to 2018

The Gateway Card Plus system continues to be successful with over 600 children now registered.

- New online system for registration which now includes the facility to include a photo online.
- The annual fun day has continued, come rain or shine, offering a fun day with lots of information on all aspects of disabilities and additional needs.
- Short Breaks offers grants of up to £500 for equipment to support inclusion.
- Young inspectors continue to inspect activities and award a star rating to each provider.
- The lodge and caravan continue to be available for hire for Gateway Card members.
- Promotional work has been done to increase awareness of the scheme at parents evenings, coffee mornings and other local events.
- Additional funding has been made available for activity sessions to run during the school holidays.

2019-2023

Short Breaks brand refreshed, including:

- New design for the printed programme.
- Programme now includes weekly calendar.
- Gateway Card Plus renamed Short Breaks membership card.
- Caravan at Lower Hyde, Shanklin commissioned to provide a short break for members.
- New beach wheelchair for hire at Sandown Beach.



SHORT BREAKS CARAVAN



The Short Breaks programme on the Isle of Wight has a caravan at Lower Hyde for hire.

The facilities are available from February to November. For further information about the tariff and availability, please visit: iwight.com/shortbreaks

Please note: the holiday park will not take bookings for these Short Breaks; all bookings must be made through the Short Breaks website.



The caravan

The caravan offers families a short break and the opportunity for lots of fun at a fantastic holiday park at Lower Hyde, Shanklin. The park is close to the beach and town centre, transport links and local entertainment.

The caravan is large and wheelchair accessible. It can sleep up to six people, with two bedrooms and extra sleeping for two in the lounge area.

There is hard standing parking available directly outside the caravan for sole use of the visitors. There are also leisure passes included in the cost.



SHORT BREAKS SERVICE STATEMENT 2023

How has this Short Breaks service statement been prepared?

The Short Breaks statement will be reviewed each year with consultation from members of Parents Voice IW and partner agencies.

Participation in future reviews of this statement

This statement will be checked annually to ensure it remains a good reflection of current services. We are likely to make changes to the statement as our services develop, and will notify parents and carers of opportunities to get involved and timescales via Parents Voice and Short Breaks publications.

We will be reviewing how we involve children and young people and making a plan to improve on this. The Short Breaks team would like to hear more from children and young people about their Short Breaks experiences to include in future statements.

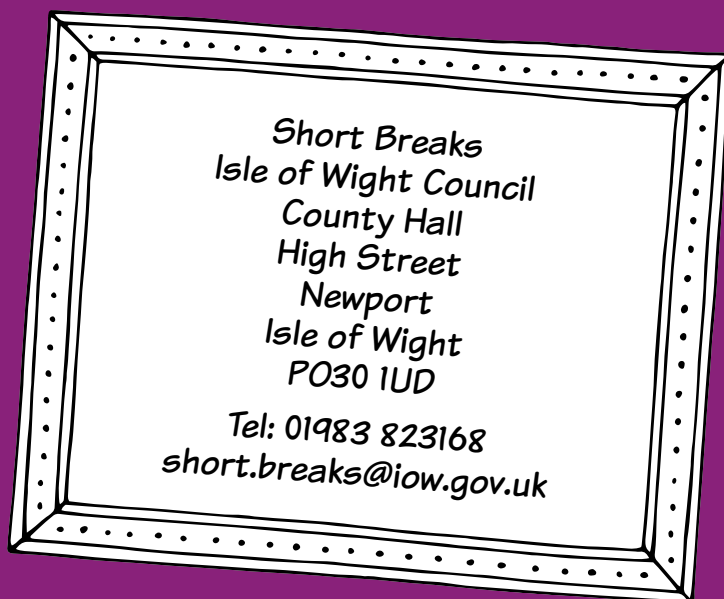
If you have anything that you would like to include please contact the Short Breaks team: short.breaks@iow.gov.uk



PLAN YOUR WEEK

DAY	ACTIVITIES	PAGE
MONDAY	Dungeons and Dragons	10
	Horse Riding	11
	Scallywags Fun Club Social Club	12 16
TUESDAY	Scallywags Fun Club Swimming	12 17
WEDNESDAY	Scallywags Fun Club	12
THURSDAY	Horse Riding Scallywags Fun Club	11 12
	Youth Club	19
FRIDAY	Scallywags Fun Club	12
SATURDAY	Bodster Doodles	8 9
	Scallywags Fun Club Sensory Sessions	12 13
	Sensory Swimming Vectis Radio	14 17
	Scallywags Fun Club Skateboarding	12 15
SUNDAY	Scallywags Fun Club	12

Some activities aren't on every week - check activity page for full details.



If you have difficulty understanding this document, please contact us on 01983 821000 and we will do our best to help you.