

Residential Care Factsheet

What is Residential Care?

Residential care is often referred to as a care home. A number of people live together and are cared for by care workers who provide personal care such as help with getting dressed, washing and other day-to-day tasks that you are unable to do for yourself. Typically you will have your own personal space in a care home.

What are Nursing Care homes?

Some care homes may also be registered to provide nursing care, allowing both people with medical needs and those who only require some assistance with daily tasks to live there. Some care homes are specifically for nursing care where they will only look after people with medical needs.

Specialist Homes

If you require specific care, like dementia, whilst some care homes may be able to manage those care needs, there are also dedicated care homes that can help provide the specific care that you require.

Is a care home the right option for you?

If you need greater assistance with personal care such as bathing, feeding, dressing and help with moving, and your needs cannot be met in your own home, a care home may be the answer.

You will be visited by a social care worker and/or a registered nurse, if you have medical needs, and will discuss what care you will need. This visit might be in your own home, a hospital if you've been ill, or a care home. If a care home is the best setting for you, the social care worker/registered nurse will give you information and assist you to find a home which meets your care needs.

Will you have to pay towards your care?

We will carry out a financial assessment to establish how much you can afford to pay. Following the financial assessment, you will be told how much you will be asked to contribute towards the cost of your care. Some people make no or only a small contribution whilst other people may have to pay for a larger part or for all of their care – the amount you pay depends upon your financial circumstances.

If you need financial help to pay for the care home fees, the council operates under the [Charging Policy for Residential and Nursing Care Adult Social Care Services](#).

The cost of any nursing care is assessed and paid for by the NHS directly to the care home. It is important that you get your nursing care needs identified before you go into the care home.

Finding a Residential or Nursing Care Home

If you or your loved one needs to go into a residential or a nursing care home, we can discuss with you the most suitable type of care and help you to choose a place in a home.

Finding the right care home for you or your loved one can be daunting and a difficult thing to do. You could start by asking family and friends for personal recommendations as they may be able to suggest somewhere suitable. Apart from asking family and friends and searching online there are other options available to you.

The [Care Quality Commission](#) (CQC) provides advice on looking and finding services suitable for your needs.

Independent Age have produced a guide called 'How to find the right care home' that helps you choose a care home for yourself or a relative. The guide we helps you look at what to consider and essential questions like location and cost, what you want from a home and whether a care home is actually the best option. To access the guide please visit: www.independentage.org/

We may also signpost you to various other organisations, including the voluntary sector, who may be able to help or provide you with advice and information.

Please visit Adult Social Care's [Online Directories/Website](#) for further information and advice on various other organisations who may be able to help you find the right residential or care home.

CQC

All care services, including residential care homes, are required by law to register with the Care Quality Commission (CQC) which inspects them according to specific standards. Homes are categorised by the type of care they provide.

The latest inspection reports and ratings for care homes and care homes with nursing can be viewed on the CQC website, www.cqc.org.uk.

Independent Financial Advice

The Isle of Wight Council does not endorse or recommend any financial services. We highly recommend that you seek independent financial advice and it is your responsibility to ensure any financial adviser you instruct is appropriately experienced and qualified. Further information in relation to independent financial advice about your own particular circumstances (including paying for your care, deferred payment scheme, court of protection procedure, lasting power of attorney procedure) can be found at:

The **Money Advice Service** can be accessed by clicking [here](#) or:

<https://www.moneyadviceservice.org.uk/en>

offer information on paying for care or the option to speak to an online adviser. Their telephone number is 0300 500 5000.

The **Society of Later Life Advisers** can be accessed by clicking [here](#) or:

<https://societyoflaterlifeadvisers.co.uk/>

can help you find advice on how to make financial plans for care in retirement years.

Other sources of good information and advice:

The **Isle of Wight Age UK** can be accessed by clicking [here](#) or:

<http://www.ageuk.org.uk/isleofwight/>

has great advice for older people and those planning for later years.

Carers Isle of Wight can be accessed by clicking [here](#) or:

<http://carersiw.org.uk/>

has an excellent resource of advice for carers who need to help someone else.

Isle Help can be accessed by clicking [here](#) or:

<https://www.islehelp.me/>

offers free, impartial, independent, confidential advice to anyone requiring help and support.

NHS Choices can be accessed by clicking [here](#) or:

<http://www.nhs.uk/conditions/social-care-and-support-guide/pages/what-is-social-care.aspx>

is a comprehensive guide to choosing and arranging care and support.

Which? Elderly Care can be accessed by clicking [here](#) or:

<http://www.which.co.uk/elderly-care/financing-care>

provides information on the funding options you can explore for care homes and home care.

Court of Protection can be accessed by clicking [here](#) or:

<https://courtribunalfinder.service.gov.uk/courts/court-of-protection>

Offers advice on people who have capacity issues. The Court of Protection can be contacted on 0300 456 4600 or email

courtofprotectionenquiries@hmcts.gsi.gov.uk.

Department of Work and Pensions can be accessed by clicking [here](#) or:

<https://www.gov.uk/government/organisations/department-for-work-pensions>

Provides advice on Appointeeship (the authority needed to manage the benefits of someone who is mentally incapable of doing so themselves).