

Active Travel Challenge

Name _____

School _____

Year _____

Try to travel actively on as many days as you can (including the weekend), record the time you spend doing this, add up your total time, take any interesting pictures you might have on the way and send to our Facebook page: @IWsportsunit

2

Bike _____

Scoot _____

Walk 30 mins

Skateboard _____

By ticking this box I consent to sharing my personal data with Isle of Wight Council. The personal data is required in order to select a prize draw winner. Personal data will be managed in line with the Isle of Wight Council Data Protection Policy.

FEBRUARY

Scoot

Bike

Walk

skateboard

add up your activity time for the week

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p>START!</p> <p>write your time spent doing activities each day</p>	<p>1</p> <p><input type="checkbox"/> Bike _____</p> <p><input type="checkbox"/> Scoot _____</p> <p><input type="checkbox"/> Walk _____</p> <p><input type="checkbox"/> Skateboard _____</p>	<p>2</p> <p><input type="checkbox"/> Bike _____</p> <p><input type="checkbox"/> Scoot _____</p> <p><input type="checkbox"/> Walk _____</p> <p><input type="checkbox"/> Skateboard _____</p>	<p>3</p> <p><input type="checkbox"/> Bike _____</p> <p><input type="checkbox"/> Scoot _____</p> <p><input type="checkbox"/> Walk _____</p> <p><input type="checkbox"/> Skateboard _____</p>	<p>4</p> <p><input type="checkbox"/> Bike _____</p> <p><input type="checkbox"/> Scoot _____</p> <p><input type="checkbox"/> Walk _____</p> <p><input type="checkbox"/> Skateboard _____</p>	<p>5</p> <p><input type="checkbox"/> Bike _____</p> <p><input type="checkbox"/> Scoot _____</p> <p><input type="checkbox"/> Walk _____</p> <p><input type="checkbox"/> Skateboard _____</p>	<p>6</p> <p><input type="checkbox"/> Bike _____</p> <p><input type="checkbox"/> Scoot _____</p> <p><input type="checkbox"/> Walk _____</p> <p><input type="checkbox"/> Skateboard _____</p>
<p>7</p> <p><input type="checkbox"/> Bike _____</p> <p><input type="checkbox"/> Scoot _____</p> <p><input type="checkbox"/> Walk _____</p> <p><input type="checkbox"/> Skateboard _____</p>	<p>8</p> <p><input type="checkbox"/> Bike _____</p> <p><input type="checkbox"/> Scoot _____</p> <p><input type="checkbox"/> Walk _____</p> <p><input type="checkbox"/> Skateboard _____</p>	<p>9</p> <p><input type="checkbox"/> Bike _____</p> <p><input type="checkbox"/> Scoot _____</p> <p><input type="checkbox"/> Walk _____</p> <p><input type="checkbox"/> Skateboard _____</p>	<p>10</p> <p><input type="checkbox"/> Bike _____</p> <p><input type="checkbox"/> Scoot _____</p> <p><input type="checkbox"/> Walk _____</p> <p><input type="checkbox"/> Skateboard _____</p>	<p>11</p> <p><input type="checkbox"/> Bike _____</p> <p><input type="checkbox"/> Scoot _____</p> <p><input type="checkbox"/> Walk _____</p> <p><input type="checkbox"/> Skateboard _____</p>	<p>12</p> <p><input type="checkbox"/> Bike _____</p> <p><input type="checkbox"/> Scoot _____</p> <p><input type="checkbox"/> Walk _____</p> <p><input type="checkbox"/> Skateboard _____</p>	<p>13</p> <p><input type="checkbox"/> Bike _____</p> <p><input type="checkbox"/> Scoot _____</p> <p><input type="checkbox"/> Walk _____</p> <p><input type="checkbox"/> Skateboard _____</p>
<p>14</p> <p><input type="checkbox"/> Bike _____</p> <p><input type="checkbox"/> Scoot _____</p> <p><input type="checkbox"/> Walk _____</p> <p><input type="checkbox"/> Skateboard _____</p>	<p>15</p> <p><input type="checkbox"/> Bike _____</p> <p><input type="checkbox"/> Scoot _____</p> <p><input type="checkbox"/> Walk _____</p> <p><input type="checkbox"/> Skateboard _____</p>	<p>16</p> <p><input type="checkbox"/> Bike _____</p> <p><input type="checkbox"/> Scoot _____</p> <p><input type="checkbox"/> Walk _____</p> <p><input type="checkbox"/> Skateboard _____</p>	<p>17</p> <p><input type="checkbox"/> Bike _____</p> <p><input type="checkbox"/> Scoot _____</p> <p><input type="checkbox"/> Walk _____</p> <p><input type="checkbox"/> Skateboard _____</p>	<p>18</p> <p><input type="checkbox"/> Bike _____</p> <p><input type="checkbox"/> Scoot _____</p> <p><input type="checkbox"/> Walk _____</p> <p><input type="checkbox"/> Skateboard _____</p>	<p>19</p> <p><input type="checkbox"/> Bike _____</p> <p><input type="checkbox"/> Scoot _____</p> <p><input type="checkbox"/> Walk _____</p> <p><input type="checkbox"/> Skateboard _____</p>	<p>20</p> <p><input type="checkbox"/> Bike _____</p> <p><input type="checkbox"/> Scoot _____</p> <p><input type="checkbox"/> Walk _____</p> <p><input type="checkbox"/> Skateboard _____</p>
<p>21</p> <p><input type="checkbox"/> Bike _____</p> <p><input type="checkbox"/> Scoot _____</p> <p><input type="checkbox"/> Walk _____</p> <p><input type="checkbox"/> Skateboard _____</p>	<p>22</p> <p><input type="checkbox"/> Bike _____</p> <p><input type="checkbox"/> Scoot _____</p> <p><input type="checkbox"/> Walk _____</p> <p><input type="checkbox"/> Skateboard _____</p>	<p>23</p> <p><input type="checkbox"/> Bike _____</p> <p><input type="checkbox"/> Scoot _____</p> <p><input type="checkbox"/> Walk _____</p> <p><input type="checkbox"/> Skateboard _____</p>	<p>24</p> <p><input type="checkbox"/> Bike _____</p> <p><input type="checkbox"/> Scoot _____</p> <p><input type="checkbox"/> Walk _____</p> <p><input type="checkbox"/> Skateboard _____</p>	<p>25</p> <p><input type="checkbox"/> Bike _____</p> <p><input type="checkbox"/> Scoot _____</p> <p><input type="checkbox"/> Walk _____</p> <p><input type="checkbox"/> Skateboard _____</p>	<p>26</p> <p><input type="checkbox"/> Bike _____</p> <p><input type="checkbox"/> Scoot _____</p> <p><input type="checkbox"/> Walk _____</p> <p><input type="checkbox"/> Skateboard _____</p>	<p>27</p> <p><input type="checkbox"/> Bike _____</p> <p><input type="checkbox"/> Scoot _____</p> <p><input type="checkbox"/> Walk _____</p> <p><input type="checkbox"/> Skateboard _____</p>
<p>28</p> <p><input type="checkbox"/> Bike _____</p> <p><input type="checkbox"/> Scoot _____</p> <p><input type="checkbox"/> Walk _____</p> <p><input type="checkbox"/> Skateboard _____</p>	<p>Tell us what's the best thing about active travel?</p>					

keep going!

Nearly finished!

this week's total

this week's total

this week's total

this week's total

this week's total

My total is

FINISHED!

WIN A BIKE!
FREE PRIZE DRAW



Give this completed sheet to your teacher to get entered into our prize draw.