

## Services

The Gouldings resource centre provides a variety of respite care and day services and facilities. Services also include convalescence, respite, rehabilitation and short stays. Whilst providing these services we acknowledge each individual customers own status, sex, age, religion, race, culture language and contribution to society.



## About The Gouldings resource centre

The Gouldings is committed to working in partnership and communication with our customers, their families, carers, other professional and external agencies as means of improving service delivery.

The Gouldings is a local authority establishment and its service provision and delivery is monitored by the Isle of Wight Council's inspection and registration unit as well as Care Quality Commission.

Visit [www.cqc.org.uk](http://www.cqc.org.uk) for more information.

## Contact

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(01983) 752135

If you have difficulty in understanding this document please contact us on (01983) 821000 and we will do our best to help you.

# The Gouldings resource centre

*supporting the community*



Providing day care, convalescence, respite, rehabilitation and short stays.

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The Gouldings has a long standing reputation for the high quality of care it provides for its clients who have a wide variety of needs.

## Aims and objectives

To enhance quality of life by providing a safe, secure and comfortable environment, supported by our highly trained care team, allowing for a maximum of personal choice and minimum restriction with the need for privacy and dignity given great importance.

To enable clients and their carers to maintain and promote their independence and quality of life by providing day care, bathing clinics, short-stays, respite and rehabilitation.

To work closely with health and social care professionals who will visit on a regular basis or will make visits by arrangement. These include local GP and district nurse.

To provide all staff with the opportunity to access training and supervision required to fulfil the above aims and objectives.

## Facilities

The Gouldings provides services and support 24 hours a day seven days a week throughout the year. There are 35 bedrooms, 25 single rooms and 10 double rooms. These are spread over three floors with all being serviced by both stairs and a lift.

Respite care can be regular or short-term, ranging from an overnight stay to longer periods.

Appetizing nutritionally balanced meals are provided. These are freshly prepared and cooked on site daily and reflects each individual's likes, dislikes and dietary needs.

A wide range of stimulating leisure activities including, outings, seasonal events, daily indoor entertainment and the occasional party.

There is also the Gouldings shop which offers a range of toiletries, confectionery and other useful items.

Personal services including, hairdressing and specialist foot care.



## Staff

Our experienced and professional staff work towards developing a supportive working relationship with all our clients encouraging them to build up and maintain their confidence, self-esteem and ultimately self-determination, through informed choice.

## Visitors are welcome

Visitors are welcome at the Gouldings at all reasonable times. Visitors are also welcome to enjoy Gouldings meals with their friends and family during their stay. A small charge will be made for this.